Focus: Spiritual Works of Mercy - Counsel the Doubtful

Human persons suffer deficiencies in their spiritual dimension, to which the Spiritual Works of Mercy respond, either by imploring the help of God, intervening by instructing or advising others, comforting or by reacting to the disorders of their actions.

From the beginnings, these seven Spiritual Works of Mercy, unlike the Corporal Works of Mercy, were entrusted to each individual and therefore proposed as a general rule to each and every Christian to put into practice. (Liguori Pub.)

Scripture: "In an abundance of counselors there is safety" Pro. 11:14. "Without counsel, plans go wrong, but with many advisers they succeed." Pro. 15:22

Reflection:

Faith is a God-given gift, yet we do have moments of doubt. Even some saints suffered doubts while trying to follow Christ. St. Mother Teresa, for example persevered in prayer, yet her writings reveal some of her deep struggles. Never underestimate the power of prayer.

I myself am convinced, my brothers and sisters, that you yourselves are filled with goodness and full of all the knowledge you need to be able to instruct each other. Romans 15:14

Action:

- Pray for those who are struggling to believe in God's love, whether from loss of a loved one, anger at a member of the clergy, personal pride, or another issue. Be willing to share your faith and pass it on.
- How can you help someone who has lost hope and is wondering. Where is God? Be an instrument of hope by listening to the doubts and fears of others. Send cards, notes, e-mails, or call them.

Petition to be prayed: Dear Lord, help us to be supportive of those who have doubts. Let us have an open heart and listening mind in spreading your Good News. For this we pray...